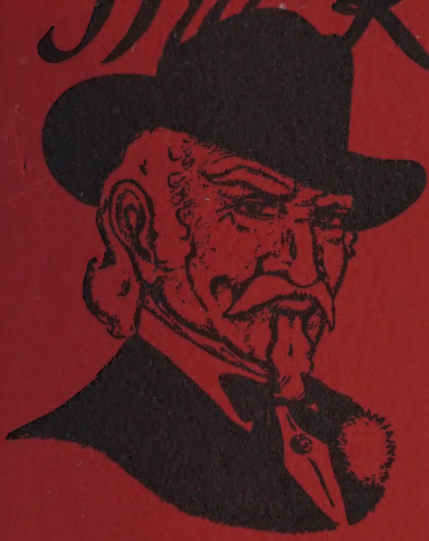


# *The Kentucky Colonel*



THE STUDENT MAGAZINE OF THE KENTUCKY SCHOOL FOR THE BLIND

Published Nine Times a Year during the Months of October, November,  
December, January, February, March, April, May and June

by the

KENTUCKY SCHOOL FOR THE BLIND

1867 Frankfort Avenue  
P.O. Box 6005  
Louisville, Kentucky 40206

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1. The first part of the document is a list of names and addresses of the members of the committee. The names are written in a cursive hand, and the addresses are written in a printed hand. The list is organized in two columns, with names on the left and addresses on the right. The names are: John A. Smith, James B. Jones, William C. Brown, and Thomas D. White. The addresses are: 123 Main Street, New York, N.Y.; 456 Elm Street, Boston, Mass.; 789 Oak Street, Philadelphia, Pa.; and 101 Pine Street, Washington, D.C.

## News Notes

For the past two and a half years, Miss Lynn Manger has taught here at KSB. This year she has gone to Greeley Colorado, where she will be doing graduate work at the University of Northern Colorado. We have enjoyed having her on our staff, and we know she will be successful in her endeavor.

\*\*\*\*\*

## OLD FACES IN NEW PLACES

Since Miss Manger left to continue her education in Colorado, a teacher was needed to take her place in the Primary Department. You will now find Miss Jean Flowers in that department teaching reading as well as the daily art lessons. Mrs. Janet Swerbinsky is replacing Miss Flowers in the art department for several weeks.

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Again this year, members of the Downtown Lions Club came to KSB bearing gifts for all. Before the party the school served lunch to parents and members of the Lions Club. As you know, all of the younger children of the school received a gift of their choice. The older students received scarves and toboggans. This is always a festive occasion and all the Lions, along with our staff, worked very hard to make it a success.

It is never Christmas at KSB until Santa Clause comes and tells us things about the North Pole.

\* \* \* \* \*

December 15 was the night for Christmas carolers to be singing in our neighborhood. This is an ancient custom, but everybody still seems to enjoy it very much. The highlight of the evening was the refreshments served after the singing. Mr. and Mrs. Evans, again this year, provided hot chocolate and cookies for



the carolers. When you come in from the cold there is nothing better than hot chocolate and cookies.

\* \* \* \* \*

The orientation and mobility classes are temporarily minus a teacher. Dave Stegner is touring with the band in which he plays saxophone. He tells us that the tour is successful. He will be back at school soon.

## DEAF-BLIND CLASSES

December was a very busy month for the Deaf-Blind classes. We made gifts for all of our family members. We made bread and jam for our mothers, a tie rack for our fathers, and candy rolls for brothers and sisters.

We also made trips to the Haymarket for the Christmas tree, to the post-office to mail our Christmas cards, and to the Mall to shop. We had a good time making decorations, too.

Everyone had a nice vacation but we were all glad to get back to school.

### HOME EC. NEWS

After Christmas everyone has had his share of sweets, fruits, and big holiday dinners. Now at the beginning of the year we are thinking of easy method recipes. Here is one you can refrigerate until you need it. You might like to try it.

### REFRIG-A-RISE WHITE BREAD

5  $3/4$  to 6  $1/4$  cups all-purpose flour  
1 package active dry yeast  
2  $1/4$  cups milk  
2 tablespoons sugar  
1 tablespoon shortening  
2 teaspoons salt

In large mixing bowl combine 2  $1/2$



cups of flour and yeast. In sauce-  
pan heat milk, sugar, shortening and  
salt until just warm (115 to 120  
degrees) stirring constantly. Add  
this to dry ingredients in bowl.  
Beat at low speed for 1/2 minute.  
Then for 3 minutes at high speed.  
By hand stir additional flour until  
moderately stiff. Knead on slightly  
floured board for 8 to 10 minutes.  
Shape into ball. Place in lightly  
greased bowl, turn dough over once  
to grease surface. Cover, leave in  
warm place for 1 1/4 hour. Punch  
dough down. Divide in two balls,  
cover and wait 10 minutes. Place in  
two greased 8 1/2 by 4 1/2 by 2 1/2  
inch loaf pans. Brush tops with  
melted butter. Cover loosely with  
clear plastic wrap. Refrigerate  
3 to 24 hours. When ready to bake  
uncover and let stand 20 minutes.  
Before baking puncture any surface  
bubbles with wooden picks. Bake at  
375 degrees for 45 minutes. Brush  
tops with butter and remove pans



## COURTESY AND GOOD MANNERS

Due to the importance and length of this article it will be written in two parts. The second part will appear in the next issue of the Kentucky Colonel.

Courtesy and good manners will help each of us to go through life with less friction. In fact, the lack of good manners and courteous actions are serious stumbling blocks to anyone at any time. Rudeness and ill-manners can only bring pain and unhappiness to those who are touched by them. If we want to be respected, we must respect those whom we work and play with each day. Therefore, courtesy and good manners are the responsibilities of each of us, and by so doing we make life more pleasant for ourselves and others.

Since bad manners and discourteous actions are frequently the result of the lack of thought or the lack of information, I have for the sake of



convenience listed some of the patterns of behavior that are desirable in a school society:

1. If you are the first at a classroom door, see to it that the entrance is made easy for those who follow. Most doorways are built to accommodate one at a time.

2. As you enter a classroom remember that an exchange of greetings with your teacher does not do any harm. Remember that your teachers are human and appreciate a little friendly recognition from time to time.

3. If you have an assigned seat, get to it as quickly and quietly as you can without inconvenience to others. By so doing you will assist others in doing the same.

4. If you are extra bright, or even if you only think you are, give the other fellow a chance. Learn to listen.

5. Be careful not to interrupt



or giggle at the recitation of other students.

6. Do not copy another's work and claim it is your own. It is dishonest and chiefly hurts you.

7. Keep all personal affairs out of the classroom for they have a way of making the persons concerned uncomfortable.

8. As a general rule, remember to keep to the right when walking in the hallways and on the stairways.

9. Do not rush or crowd. Walk. Be neither a jackrabbit or tortoise. Move at a convenient pace and talk in moderate tones.

10. Give courteous attention to any program. You may not like or understand it, but there are others who do.

11. Nothing pleases a performer or speaker more than a hearty clapping of hands. Omit the stamping of feet.

To be continued next month



## SPORTS

Four schools participated in the White Cain Tournament, December 13, 14, 15 at the Illinois Blind and Sight Saving School. We left school Friday morning and arrived in Jacksonville late that afternoon and were joined by two other schools, Ohio and Indiana. We were guests at a prematch get-together Friday night. Wrestling began Saturday morning. According to our coach, Larry Mann, the scores were:

Indiana	91
Illinois	78
Kentucky	76 1/2
Ohio	69

After the matches, there was a social hour which everyone enjoyed.

\* \* \* \* \*

The five-way wrestling tournament was held at the Alabama School for the Blind January 10, 11, and 12 in



Talladega. Schools taking part were Alabama, Arkansas, Tennessee, Indiana, and Kentucky. Thursday night our boys stayed at the Tennessee School for the Blind while the girls stayed at a nearby motel. We arrived at Alabama Friday afternoon.

At the pep rally Friday night the cheerleading squads from each school was introduced along with the wrestling teams. Our wrestlers were proud of our girls. We thought they were the best. Saturday was devoted to wrestling. The team standings were: Arkansas, first; Alabama, second; Tennessee, third; Indiana, fourth; Kentucky, fifth.

A special word of congratulations to some of our students. Mike Ward, wrestling at 88 pounds, received a first place ribbon and a cup for most outstanding partially sighted wrestler. Jerry Wheatley and Scott Townsley received second place ribbons in their



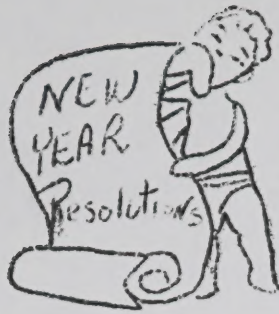
weight classes, and Danny Beemer, Kenny Jones, Randall Haycraft, and Richard Barnhart received fourth place ribbons.

Everybody knows winter finally came last weekend and we were late getting home. A special thanks to Rick McDougall and Bill Smith for their safe driving on the hazardous highways.









The office practice classes of 1975 resolve to be more like their favorite fighter, Muhammad Ali, and punch in and out before and after class.

Valerie Evans resolves to make passing grades this semester.

We resolve to get snow skies and ear muffs for our bus, old-timer.

The wrestlers to make their weight classes for the NCASB tournament.

The cheerleaders resolve not to have any more injuries.

The cheerleaders and wrestlers resolve to have two new trophies in the trophy case after the NCASB.









